



NEWSLETTER
December 2010

This newsletter is intended to provide a recap of some of the healthy homes and lead-based paint information that we have shared in the IHNN meetings or that has come to us through various Listservs. We want to especially acknowledge the National Center for Healthy Homes and the many content providers on LeadNet and HealthyHomesNet.

GOT A SHORT ARTICLE ON HEALTHY HOMES OR LEAD-BASED PAINT YOU'D LIKE TO WRITE AND PUBLISH? DO IT HERE! [PLEASE LIMIT IT TO ABOUT 500 WORDS (A PAGE).]



**US Consumer Product
Safety Commission**

[TOY HAZARD RECALLS](#)



[LEAD IN CHILDREN'S TOYS](#)



[CONSUMER ACTION GUIDE](#)

PRACTICES AND RESOURCES FOR SCREENING CHILDRENS' BLOOD LEAD LEVELS

An assessment of Idaho Health Care Providers' Practices and Resources for Screening Childrens' Blood-Lead Levels by Ingrid V. Brudenell, RN, Ph.D; Karen Godard, R.N, M.S.N., C.P.N.P, and Omair Shamim, M.D., M.H.S., and Annette M.Totten, Ph.D

<http://hs.boisestate.edu/pdf/BLLSurveyFinalReport102410.pdf>

NEW LOOK FOR EPA'S RENOVATION REPAIR AND PAINTING RULE FREQUENT QUESTIONS

<http://toxics.supportportal.com/ics/support/default.asp?deptID=23019>



RESIDENTIAL LEAD-BASED PAINT DISCLOSURE RULE

Sometimes forgotten with the flurry of information about lead-based paint and the new Renovation, Repair and Painting Rule, is the requirement for landlords and sellers to disclose lead-based paint hazards. You'll find the rule, fact sheet, sample lessor and seller forms, and links to the booklet "Protect Your Family from Lead in Your Home" at:

<http://www.epa.gov/lead/pubs/leadbase.htm>

CONTRACTOR CLOUDS PA TOWN WITH LEAD PAINT DUST

http://www.paintsquare.com/news/article_news.cfm?id=4563&nl_versionid=649&trackid=17239328

TAKE-HOME LEAD

Eight-month-old Oskar Ryan-Garrard did not eat paint chips. He didn't swallow or suck on lead-laden toys either. He simply moved about his home and like any baby put his fingers and feet in his mouth. Oskar's dad is a house painter and lead was on his work clothes.

<http://www.kansascity.com/2010/10/09/2279708/hazardous-lead-is-common-and-tough.html>

ADULT BLOOD LEAD EPIDEMIOLOGY AND INTERACTIVE DATABASE

<http://wwwn.cdc.gov/niosh-survapps/ables/default.aspx>

ONE PERSON'S OPINION OF THE TWO EPA-APPROVED LEAD PAINT TEST KITS—ADD YOUR COMMENTS

<http://www.shawnmccadden.com/rpedia/bid/49478/Choosing-Between-EPA-Approved-Lead-Test-Kits>

GUIDELINES FOR IDENTIFICATION AND MANAGEMENT OF LEAD EXPOSURE IN PREGNANT AND LACTATING WOMEN

<http://www.cdc.gov/nceh/lead/publications/LeadandPregnancy2010.pdf>

PODCAST: <http://www2c.cdc.gov/podcasts/player.asp?f=3467768>

ADDITIONAL INFORMATION: <http://www.cdc.gov/nceh/lead/tips/pregnant.htm>

PAINT Q & A

Q: Looking for some feedback concerning deteriorated paint of historical homes or homes in preservation districts...primarily in windows and/or window solutions. Jim Peralta, Rochester, NY

A: Dennis Livingston has written a good bit on removing, overhauling, and replacing wood sash for low income owner/occupants. Also, the current generation of primers and paints is much more up to the job of uniform covering, adhesion, and protection than was the case in years past. You just have to have a sound, clean surface.

I'd also recommend Paint Square News, www.paintsquare.com, a daily e-pub for updates and searches. Their thrust is commercial, but often applies to preservation. You might also contact the National Park Service preservation lab in Natchitoches, LA (<http://www.ncptt.nps.gov/>) that works with this sort of problem and have publications and advice.

Finally, American Painting Contractor (<http://www.paintmag.com>) often has preservation-oriented articles. David Reynolds, Interstate Property Inspections; dvreynolds@pobox.com

ASK THE NAT'L CENTER FOR HEALTHY HOUSING

Q: I am concerned that the EPA rule is not being enforced in my community. How can I help?

A: Anyone can help enforce the EPA rule by being eyes and ears and documenting violations of the rule. NCHH has developed an enforcement checklist that can be used by community organizations, agencies, consumers, or even certified renovators who are aware of other contractors that are flagrantly disregarding the rule. Click here for the enforcement checklist: <http://tinyurl.com/2cdzlc7>. EPA has a duty to investigate tips and complaints, but can not do so unless the agency receives some specific details.

LEAD IN REUSEABLE GROCERY BAGS

<http://news.yahoo.com/video/newyorkcbs2-15751042/reusable-bags-contaminated-with-toxic-substance-23033335>



FDA GUIDANCE - POTTERY INTENDED FOR USE WITH FOOD AND USE OF THE TERM "LEAD FREE"

<http://www.fda.gov/Food/GuidanceComplianceRegulatoryInformation/GuidanceDocuments/FoodSafety/ucm214740.htm>

RECOMMENDATIONS FOR GOV'T RESPONSES TO TOXIC CHEMICALS IN CHILDRENS' PRODUCTS/TOYS

<http://pubs.acs.org/doi/pdf/10.1021/es1009407>



NEW BLOG – INTEGRATED PEST MANAGEMENT IN MULTIFAMILY HOUSING

<http://stoppests.typepad.com/ipminmultifamilyhousing>

Also: www.stoppests.org

LEAD STILL IN BRASS PLUMBING

<http://www.loe.org/shows/segments.htm?programID=10-P13-00047&segmentID=5>

THE NATIONAL GREEN AND HEALTHY HOMES INITIATIVE REPORT

Identified Barriers and Opportunities to Make Housing Green and Healthy Through Weatherization: A Report from Green and Healthy Homes Initiative Sites

<http://www.lead-safe.org/elements/uploads/files/fileManager/GHHIWeatherizationReport-ExecutiveSummary10-11-10.pdf>



TOXIC CHEMICALS IN HOME IMPROVEMENT PRODUCTS

The same chemicals and toxic metals restricted or banned in children's toys are being found on the walls and floors of homes where children live.

<http://www.kval.com/news/health/105314403.html>

JOURNAL OF PUBLIC HEALTH MANAGEMENT AND PRACTICE--Articles

<http://journals.lww.com/jphmp/toc/2010/09001>



- Healthier Homes for a Healthier Nation
- From Healthy Homes to Health Equity
- How Much Evidence is Enough? Assessing Home Asthma Research
- A Systematic Review of Housing Interventions and Health: Introduction, Methods, and Summary Findings
- Housing Interventions and Control of Asthma-Related Indoor Biologic Agents
- Housing Interventions and Control of Health-Related Chemical Agents
- Housing Interventions and Control of Injury-Related Structural Deficiencies
- Housing Interventions at the Neighborhood Level and Health
- Making the Transition from Lead Poisoning Prevention to Healthy Homes
- The Development of the Residential Fire H.E.L.P. Tool Kit: A Resource to Protect Homebound Older Adults
- Healthy Energy Efficient Housing: Using a One-Touch Approach to Maximize Public Health, Energy, and Housing Programs and Policies
- National Healthy Homes Training Center and Network: Building Capacity for Healthy Homes
- Estimates of Costs for Housing-Related Interventions to Prevent Specific Illnesses and Death
- Federal Agency Support for Healthy Homes
- Housing Interventions and Control of Asthma-Related Indoor Biologic Agents

BEDBUGS BITE BOISE

<http://www.idahostatesman.com/2010/11/12/1415503/the-bedbugs-are-biting-in-boise.html>

(For a wealth of information on bedbugs and how to address an infestation, view previous IHHN newsletters - <http://www.hud.gov/local/id/library/healthyhomes/IHHN.cfm>)



MORE "STORY OF STUFF"—ELECTRONICS!

<http://storyofstuff.org/electronics>

PARTNERSHIPS FOR ENVIRONMENTAL PUBLIC HEALTH—EVALUATION METRICS MANUAL

<http://www.niehs.nih.gov/research/supported/programs/peph/materials/index.cfm>

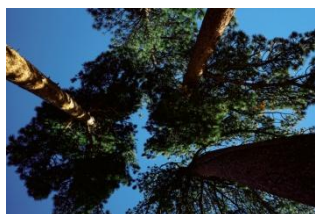


HEAVY SMOKERS AT RISK OF DEMENTIA

Heavy smokers with a 40-a-day habit face a much higher risk of two common forms of dementia, a large study shows. <http://www.bbc.co.uk/news/health-11622484>

GASP—GLOBAL ADVISORS ON SMOKE-FREE POLICY

This is a 36 year old nonprofit based in New Jersey that is eager to serve as an educational resource on the emerging trend to incorporate smoke-free housing into Healthy Homes initiatives. The organization has presented at past Healthy Homes conferences on smoke-free housing and how to reduce secondhand smoke exposure in multi-unit housing. Please contact: Karen Blumenfeld, Esq., Executive Director; (908) 273-9368; karen.blumenfeld@verizon.net; website: www.njgasp.org



TREES EAT POLLUTION BETTER THAN EXPECTED

Some common and dangerous air pollutants can be absorbed by plants at far greater rates than ever suspected – a discovery which has big implications for modeling how vegetation affects pollutants, as well as how particles in the atmosphere affect human health and global warming.

<http://news.discovery.com/earth/trees-pollutants-voc.html>

RISKS AND BENEFITS OF POOL CHLORINATION

Chlorine is one of the most common disinfectants used in water and make it safe. But when disinfectants combine with organic matter in pools such as sweat, urine, and skin cells, the results can be disinfection by-products, which have been linked with adverse health effects in animals and humans. <http://ehp03.niehs.nih.gov/article/fetchArticle.action?articleURI=info%3Adoi%2F10.1289%2Fehp.trp110110>

PERILS OF FIREFIGHTING LINGER LONG AFTER THE BLAZES ARE OUT

Numerous studies have shown that firefighters have higher rates of cancer and other health problems, and at least one study has found that the highest cancer risk of all is testicular cancer.

<http://bit.ly/hE1toN>



SKIN IS NO BARRIER TO BPA

Bisphenol A readily passes through skin, French scientists report. Best known as an estrogen-mimicking constituent of some plastics and resins, BPA is also found in a large share of cash register receipt paper in the United States and Europe, a trio of studies recently indicated. The new findings suggest handling store receipts could be significant source of internal exposure.

http://www.sciencenews.org/view/generic/id/64972/title/Skin_is_no_barrier_to_BPA_study_shows

BPA IN PLENTY OF FOODS

After finding BPA in foods sold in the U.S., a new study names names.

http://www.sciencenews.org/view/generic/id/64989/title/Science_%2B_the_Public_Pleanty_of_foods_harbor_BPA%2C_study_finds



“NON-TOXIC” SCENTED PRODUCTS EMIT TOXIC CHEMICALS

From hair products to laundry detergents to diapers, we live in a world of fragrance that might be making us sick, suggests a new study, even when those scents come from products that claim to be natural and pure.

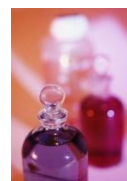
<http://news.discovery.com/human/scented-product-toxic-chemicals.html>

FRAGRANCED CONSUMER PRODUCTS: CHEMICALS EMITTED, UNLISTED

<http://xa.yimg.com/kq/groups/10783533/346967263/name/Steinemann>

RAISING A STINK OVER FRAGRANCES

<http://tinyurl.com/2db7gf5>



CDC AND HEALTHY HOUSING SOLUTIONS CONFERENCE INVITATION – DEC 13-17 IN CHICAGO

CDC National Healthy Homes/Lead Poisoning Prevention Training Center

Holiday Inn Chicago Mart Plaza, Chicago, Illinois

Workshops and Plenary Sessions:

Program Management

Primary Prevention

Case Management

REGISTRATION IS FREE! SPACE IS LIMITED!

Reduced room rate is \$119/night (limited time)!

Register with Dominique Clark at dclark@healthyhousingsolutions.com, or call 443-539-4183



SUSTAINABLE COMMUNITIES START WITH HEALTHY AND GREEN HOMES WORKSHOP – FEB 2-3 IN SEATTLE

A two-day workshop hosted by EPA and PNWIS focuses on the connections between the homes and communities where we live in and the impact they have on our health. Guest speakers and attendees

from health, housing, green building, and sustainability will come together to share what has worked and what the future looks like. Better housing results in better health. Topics include:

- Why It Pays to Build Green
- Sustainable Solutions Beyond Weatherization
- The Living Building Challenge and 2030 Challenge
- ENERGY STAR and Indoor Air Quality Designed Homes
- Resource Conservation Management

Opportunities to earn **Continuing Education Units (CEUs)** will be available.

When: February 2-3, 2011

Where: Seattle, Washington, at the downtown Red Lion Hotel.

Registration Fees: \$200 if registered by January 14, 2011. [\$250 if registering after January 14th]

For More Information: Contact Susan Titus (titus.susan@epa.gov) at 206-553-1189 or visit

<http://yosemite.epa.gov/R10/airpage.nsf/Air+Toxics/healthygreenhomes>



Oregon
Environmental
Council
It's Your Oregon

3RD ANNUAL NW ENVIRONMENTAL HEALTH CONFERENCE – FEB 11 IN PORTLAND

Portland State University, Smith Memorial Student Union

Topics will include: Environmental Justice, Community Health, Healthy Aging, Green Chemistry, Built Environment, Chemical Policy, and Food Systems.

All are invited to attend, particularly Allopathic and Naturopathic Health Practitioners, Public Health Professionals, Advocates, Researchers, Urban and Regional Planners and Students.

Registration opening soon! For more information, please visit

http://www.oconline.org/3rd_nwehc or email nwehc@oconline.org.

2011 NATIONAL HEALTHY HOMES CONFERENCE – JUNE 20-23 IN DENVER

It's never too early to start planning!!

<http://www.healthyhomesconference.org/>



OTHER LINKS:

Idaho Healthy Homes Network - <http://www.hud.gov/local/id/library/healthyhomes/IHHN.cfm>

Subscribe the Healthy Homes Network Listserv-

<http://www.hud.gov/subscribe/signup.cfm?listname=Idaho%20Healthy%20Homes%20Network&list=ID>
[AHO-HH-NETWORK-L](#)

HUD's Office of Health Homes and Lead Hazard Control - <http://www.hud.gov/offices/lead/>

EPA – www.epa.gov/lead

RRP Outreach materials – www.epa.gov/getleadsafe

EPA TIPS AND COMPLAINTS FORM --

<http://www.epa.gov/region1/enforcement/leadpaint/RenovationRepairPaintComplaintForm.html>

EPA Lead-Safe Certification Program Outreach to Consumers --

<http://www.epa.gov/opptintr/lead/pubs/lscp-consumers.htm>

OSHA – www.osha.gov

National Center for Healthy Housing - <http://www.nchh.org/Home.aspx>

Alliance for Healthy Homes - www.afhh.org

U.S. Consumer Product Safety Commission; Product Recalls -

<http://cpsc.gov/cpscpub/prereel/prereel.html>

LeadNet – international listserve on lead and lead poisoning; to subscribe - Leadnet-on@mail-list.com

To search LeadNet Archives - <http://archive.mail-list.com/leadnet>

User Name = leadnet

Password = lswp (The User Name and Password are case-sensitive.)

For parents of a lead-poisoned child: www.alphalead.org

Tamara Rubin's (Portland, OR) website: <http://www.mychildrenhaveleadpoisoning.com>